The Bitter Roots One Sheet

Waning Days

Release Date: October 27th 2017

1. **Informed Consent**
2. **I am Nobody**
3. Arms Open Wide
4. Cuddly Cats
5. **Can't Fight the Crazy**
6. **Mother and Child**
7. The Quiet and Still
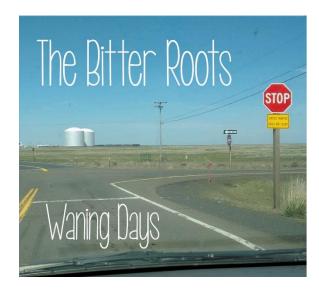8. A Pair of Coals

Bio:
The Bitter Roots, a band from Seattle are Jeff Stetson and Ben Koostra. The Bitter Roots began in 2008. At the time Jeff was writing new songs and putting together a new band having recently shut down his previous band *manSaveman* after 5 years and 4 albums, when Ben showed up, liked the new tunes and signed on. Ben a talented multi instrumentalist from Missoula is the original drummer for *Ein Heit* and *Silkworm*.   Jeff is the former leader of Missoula Bands *Into the March* and *Chiseler*. .

The Band has been the KISW loud and local band of the week twice, appeared in the Seattle Times Sunday Print Edition, featured on the CMJ Mixtape, featured on the My Ballard blog, charted to CMJ on dozens of stations from coast to coast including a few #1s, and featured in the Seattle Weekly tell us about your song series, among other accolades in the press and music biz.

Waning Days is the 5th full length release for the band in under 10 years cementing their reputation as prolific recording artists. This album once again displays the many rich and varied musical sounds and influences of the band as the first 4 songs could be considered a Side A – hard rock set, and last 4 as a Side B – the softer side.

The Bitter Roots' music can best be described as driven soulful rock, guitar oriented and diverse, with vocal harmony and tight rhythms, with a smattering of keyboards as well. The band draws from Punk, Metal, Garage and diverse Melodic Rock sounds from the West Coast to the UK to create a unique sound that is truly original. You may hear influences from the likes of David Bowie, *The Cure, Janes Addiction, REM, The Church, Tom Petty, Game Theory, Nirvana* and many others.

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