

The Bitter Roots One Sheet



Noise Vibrations and Fumes

Release Date: March 3rd 2015

1. **Fast and Slow**
2. Too Many Freds
3. **Sometimes**
4. **Habemus Papam**
5. Go
6. Wondering
7. Dairy Queen
8. Simple Things
9. **Butterfly Baby**
10. Paper World
11. The Precious

Bio:

The Bitter Roots a band from Seattle are Jeff Stetson and Ben Koostra. The Bitter Roots began in 2008. At the time Jeff was writing new songs and putting together a new band having recently shut down his previous band *manSaveman* after 5 years and 4 albums, when Ben showed up, liked the new tunes and signed on. Ben a talented multi instrumentalist from Missoula is the original drummer for *Ein Heit* and *Silkworm*. Jeff is the former leader of Missoula Bands *Into the March* and *Chiseler*. With first 3 albums, a self titled, ***Moral Hazard*** and ***Chiaroscuro***, **The Bitter Roots** began to garner some attention from college radio stations around the country and from the press.

The Band has previously, made the Indie Rock Cafe top 10, appeared in the Seattle Times Sunday Print Edition, featured on the July CMJ Mixtape, featured on the My Ballard blog, charted to CMJ at a dozen stations from coast to coast including 2 #1s, and featured in the Seattle Weekly tell us about your song series.

Noise Vibrations and Fumes is the 4th full length release for the band. The first single **Fast and Slow** released in January saw the band for the 2nd time be honored as 99.9 KISW's

Loud and Local Band of the Week in Seattle as well as appear on NW Music Scene and MyBallard to name few and be heard on radio stations across the world, even managing to crack the college music charts once again. This album is stories dear to the heart, from the joy of love to the pain of death, stories of religion and the information age, this album has a little bit of everything and hopefully, something for everyone.

As with previous albums, the new album was recorded by Jeff in his Water Works Hill Studios in the Ballard neighborhood of Seattle. The last 2 albums have been mixed by Floyd Reitsma at Studio Litho in the Fremont neighborhood of Seattle. Floyd is a veteran of the Seattle music scene and has recorded music for *Dave Mathews*, *Pearl Jam* and *AudioSlave*.

The Bitter Roots' music can best be described as driven soulful rock, guitar oriented and diverse, with vocal harmony and tight rhythms. The band draws from Punk, Metal, Garage and diverse Melodic Rock sounds from the West Coast to the UK to create a unique sound that is truly original. You may here influences from the likes of David Bowie, *The Cure*, *Janes Addiction*, *REM*, *The Church*, *Tom Petty*, *Game Theory*, *Nirvana* and many others.

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CMJ Chartings:

Lasell College Radio Auburndale MA	CMJ Radio 200 Chart: #1
WTCC - Springfield MA	Radio Top 40 Chart: #1
KCSB - Santa Barbara CA	CMJ Radio 200 Chart: #8
WVMW - Scranton PA	CMJ Radio 200 Chart: #9
WXJM - Harrisonburg VA	CMJ Radio 200 Chart: #16
WGMU - Fairfax VA	CMJ Radio 200 Chart: #19
WLFR - Galloway NJ	CMJ Radio 200 Chart: #24
WGSL - Glassboro NJ	CMJ Radio 200 Chart: #26
KWVA - Eugene OR	CMJ Radio 200 Chart: #26
WMCO - New Concord OH	CMJ Radio 200 Chart: #29

Press:

Seattle Sound Live Talks up New Album

March 4th, 2015

Seattle band The Bitter Roots are all but set to release their 4th album "Noise Vibrations and Fumes". The band was recently featured as 99.9 KISW Seattle's Loud and Local Band of the Week for the 2nd time.

- Christian Hamilton

Article on MyBallard.com

January 27th, 2015

Ballard band The Bitter Roots released its latest music video today for their track entitled Fast and Slow. The video was shot in Ballard...

Family Ties Makes Indie Rock Cafe Top 10

July 27th, 2013

www.indierockcafe.com/top-ten-songs/

Each week, listeners determine the Top Ten Songs chart playlist based on which songs are streamed and downloaded the most from the previous week's posts.

Seattle Times Sunday July 14, 2013 Print Edition

Since this early connection to Ballard, The Bitter Roots have built both their sound and their fan base here in the Pacific Northwest. 2013 has been a great year for the band as they have been finding success and playing gigs all over Seattle.

Seattle Weekly November 2012

A lot went into writing your favorite song, but how much do you really know about it? This week Jeff Stetson, vocalist of Seattle soul rock band The Bitter Roots, delves into the "hidden costs of war," recording in Ballard...

<http://www.bitterrootsmusic.com/press.html>

Check out some of Jeff's Writings here:

<http://thoughtcatalog.com/jeff-stetson/>

